

Please consult/inform your doctor if you experience any of the following.

- If you experience continued severe diarrhea or vomiting, please consult or inform your doctor or pharmacist since the ingredient of Yaz Flex may not have been adequately absorbed
- If you suspect you may be pregnant due to missing doses of Yaz Flex or for any other reason
- If you have been taking other drugs continuously before starting Yaz Flex or if you plan to take other drugs while taking Yaz Flex, please consult your doctor or pharmacist
- If you undergo laboratory tests
- If you wish to become pregnant
- If you experience any other concerning symptoms

■ The following symptoms are suspected to be associated with thrombosis*

Promptly seek emergency treatment if you experience any of the following symptoms.

- Sudden pain in the leg/swelling
- Weakness of the hands and legs/paralysis
- Sudden shortness of breath, crushing chest pain
- Severe headache, slurring/difficulty in speaking
- Sudden visual disorders (defect or narrowing of the visual field)

If you experience any of the following symptoms, it may be a sign of thrombosis. Stop taking Yaz Flex and consult your doctor immediately even if the symptoms are mild.

- Pain in the leg, swelling, numbness, redness, hot flushes, headache, vomiting, nausea

Stop taking Yaz Flex and consult your doctor immediately if you experience any of the following.

- Inability to move, dehydration

Thrombosis is likely to occur if you stay in the same position for a prolonged period of time or if you do not drink enough water. Move around adequately and drink water frequently

*What is thrombosis?

Thrombosis is a condition where blood clots (thrombi) in the vessels and blocks blood flow, and this condition requires prompt action at a medical institution. Venous thrombosis includes deep venous thrombosis and pulmonary thromboembolism (also known as economy class syndrome or long-flight syndrome).

For patients who are prescribed the Yaz Flex combination tablets

Yaz Flex is a treatment for pain associated with endometriosis/dysmenorrhea and is not to be taken for contraceptive purposes.

The timing of taking Yaz Flex combination tablets

For patients who are taking Yaz Flex for the first time:

Start taking Yaz Flex on the “first day of your menstrual period.”

For patients who are switching treatment from other hormone products:

If you are switching treatment from other luteal hormone/follicular hormone combination products (drugs for the treatment of dysmenorrhea, oral contraceptives)

If you are switching from the 21-tablet formulation

- Take all of the tablets (21 tablets) in the sheet you are currently taking.
- Start taking Yaz Flex combination tablets from the day after the 7-day treatment interruption period that starts after finishing the 21 tablets.

If you are switching from the 28-tablet (21+7, 24+4) formulation

- Take all of the tablets (28 tablets) in the sheet you are currently taking.
- Start taking Yaz Flex combination tablets from the day after having finished all 28 tablets.

How to take Yaz Flex combination tablets

Oral administration:

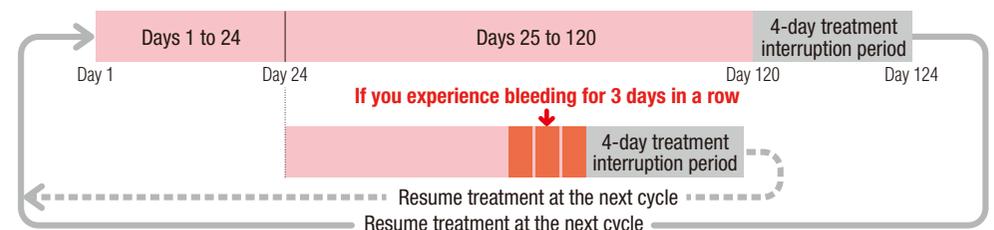
- Take Yaz Flex once daily every day at the same time.
- Keep taking Yaz Flex for 24 days from the day of starting the regimen, irrespective of bleeding.

Treatment interruption:

- If you experience continued bleeding for 3 days in a row after taking Yaz Flex for 25 days or longer, interrupt treatment with Yaz Flex for 4 days from the day after you experience the symptoms.
- Interrupt treatment with Yaz Flex for 4 days after taking Yaz Flex for 120 days in a row.

Resuming treatment:

- Resume treatment on the day after the 4-day treatment interruption period.



Consult or inform your doctor or pharmacist if you experience any abnormalities.



How to prepare for taking Yaz Flex combination tablets

- 1 Open the wallet package and peel off the calendar seal.



Wallet package



Calendar seal

- 2 How to use the calendar seal

- 1 Peel off the calendar seal that shows the day of the week printed on the left for when you start a treatment cycle and attach it to the tablet sheet as illustrated below.

Example: If the day of the week for the start of the previous cycle was Thursday



※Do not discard the remaining calendar seals and store them for later use.

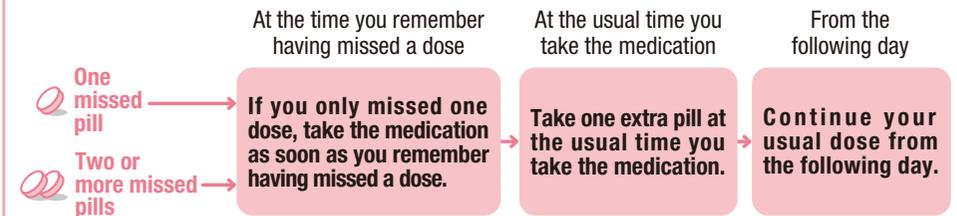
- 2 If you interrupt treatment with Yaz Flex for 4 days during a cycle after having taken the medication for 25 days or longer, the day of the week for the start of the new cycle will be off by 4 days. Accordingly, you should apply a new seal that starts with the appropriate day of the week for the new cycle.

Example: Apply the seal so that Monday coincides with the start of the new cycle, so that the new cycle is off by 4 days from Thursday.



Pay attention to the following while taking Yaz Flex combination tablets

If you miss a dose or forget to take your Yaz tablets



※Irregular hemorrhaging is more likely to occur if doses are frequently missed.

For patients taking Yaz Flex for the first time: You may experience the following symptoms within one or two months.

- Headache
- Mild nausea
- Mild hemorrhaging other than your menstrual period

These symptoms are often observed, especially in the beginning of the treatment regimen, and usually resolve after treatment is continued according to the Dosage and Administration schedule. However, consult your doctor if the symptoms worsen or do not resolve.

Observe the following while taking Yaz Flex combination tablets

Refrain from smoking

Smoking has been reported as likely causing venous thrombosis, pulmonary embolism, myocardial infarction, and stroke in patients treated with Yaz Flex. Please take advantage of this opportunity to stop smoking.

Periodic check-ups

To check the course of your treatment and your condition as a whole, please undergo periodic check-ups as instructed by your doctor.

As much as possible, take Yaz Flex at the same time every day, for example just prior to going to bed.