

## For those who will switch to YAZ® combined tablets

**YAZ is indicated for dysmenorrhea. Do not use for contraceptive purpose.**

① **If you will switch to YAZ from other combined estrogen-progestin products (for example OC)**

- Switch from products of the type 21-tablets
  - ➔ Take all tablets (21 tablets) on the sheet you are currently using.
  - ➔ After you have taken 21 tablets followed by 7 days pill-free period, start with YAZ on 29<sup>th</sup> day.
- Switch from products of the type 28-tablet
  - ➔ Take all tablets (28 tablets) on the sheet you are currently using.
  - ➔ After you have taken 28 tablets, start YAZ on 29<sup>th</sup> day.

② **When starting your second sheet of YAZ.**

- After taking all of 28 tablets on the sheet, start the second sheet on the following day. (29<sup>th</sup> day)
- Your menstrual bleeding (withdrawal bleeding) will start during you are taking the white tablets on the 25<sup>th</sup> to 28<sup>th</sup> day.
- Whether your menstrual bleeding finished or continues, start the second sheet on 29<sup>th</sup> day.
- The third sheet should start likewise and follow 28 days per cycle.



火: Tuesday, 水: Wednesday, 木: Thursday, 金: Friday, 土: Saturday, 日: Sunday, 月: Monday

The reverse page contains important information

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## The following caution must be taken on using YAZ

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- YAZ is indicated for treating dysmenorrheal symptoms such as menstrual pain.
- Take one tablet per day at same time of the day following the number shown on the sheet.
- Menstrual bleeding (withdrawal bleeding) during on YAZ may start with 25<sup>th</sup> to 28<sup>th</sup> white tablet (placebo tablets without drug ingredients) is taken and continues for around 5 to 6 days.
- Consult with your doctor if menstrual bleeding was missed for two consecutive cycles.
- After switching to YAZ, menstrual bleeding at unexpected timing may be seen. However, this should disappear in the course of taking tablets unless otherwise prolonged, consult with your doctor or pharmacists.
- If severe diarrhea or vomiting that continued were experienced, consult your doctor or pharmacists as these cases interfere with drug absorption.
- Consult with your doctor or pharmacists if other concomitant drugs were used before starting or while using YAZ. (except for skin preparations and eye drop)

● The next symptoms relates to the suspected thrombosis. If one or more of these symptoms were seen, stop taking the drug(s) and immediately inform(report?) your doctor.

- **pain, edema of calves, numbness of arms and/or legs**
- **redness of the skin, fatigue and/or stiffness of calves**
- **crushing pain in the chest**
- **sharp pain in the chest, sudden shortness of breath**
- **severe headache, dizziness, fainting, blurred vision, twisted tongue**

**Also stop taking the drug(s) and consult with your doctor if unable to move the body or remarkable rise of the blood pressure is recognized.**

Thrombosis: thrombosis is the disease of blood clots (thrombi) blocking the blood vessel. Immediate treatments at the medical center are warranted. Thrombosis includes deep vein thrombosis and pulmonary embolism (often called economy-class syndrome or long flight syndrome)

**Report and consult with your doctor or pharmacists if any other physical abnormalities were experienced**

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