

For those who start YAZ combined tablets

YAZ is indicated for dysmenorrhea. Do not use for contraceptive purpose.

1. Open the wallet package and remove the calendar seal (sticker).



Wallet package



Calendar seal

2. YAZ combined tablets should start 「on the first day of menstrual bleeding」

- ① Remove the calendar seal that prints left end the same day of the week your first menstrual bleeding started. Stick the seal on the tablet sheet as shown below
- ② As instructed by the calendar seal stick on the tablet sheet, start with one pale-red tablet and follow one tablet per day for 28days, approximately same time of each day.

Example)

If your menstrual bleeding starts on Thursday.



Dispose of the remaining adhesive seals.



Menstrual-like bleeding should usually occur while you are taking white tablets on the bottom row.

- ③ Whether your menstrual-like bleeding stopped or continues, start with a next tablet sheet after all of 28 tablets have been taken.
- ④ If you continue taking YAZ, you will start a new tablet sheet precisely on the same day of the week. So use the same calendar seal as instructed in ①.

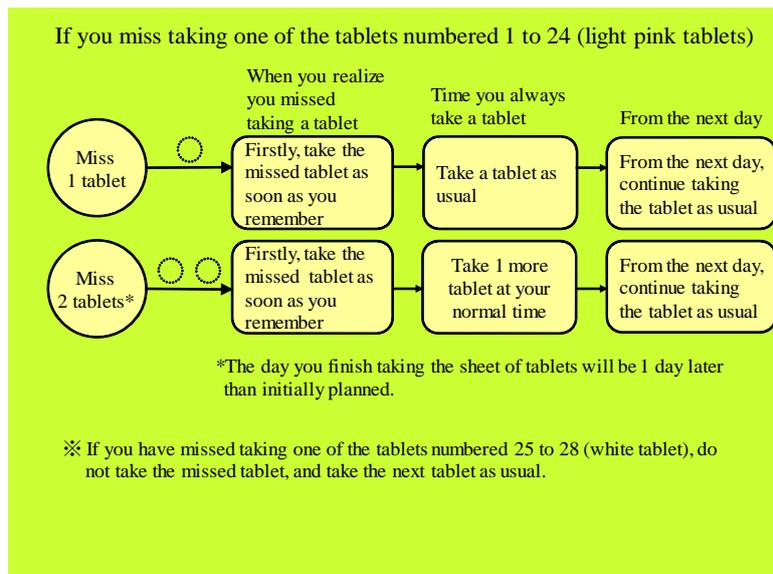
Example) When your menstrual bleeding starts on Thursday 6th January



Take a tablet (or tablets) approximately same time of the day (for example, before bedtime)

★ Read the reverse page containing important information

Be sure to note the following points while taking YAZ



★ The following symptoms may develop for 1 to 2 cycles after you start taking YAZ.

- Headache
- Mild nausea
- Mild hemorrhage between the menstrual cycles, etc

These symptoms often occur shortly after you start taking YAZ, but usually disappear if you continue taking the tablets.

However, if they are severe or long lasting, consult with your doctor.

★ The next symptoms relates to the suspected thrombosis. If one or more of these symptoms were seen, stop taking the drug(s) and immediately report your doctor.

- pain, edema of calves, numbness of arms and/or legs
- redness of the skin, fatigue and/or stiffness of calves
- crushing pain in the chest
- sharp pain in the chest, sudden shortness of breath
- severe headache, dizziness, fainting, blurred vision, twisted tongue

Also stop taking the drug(s) and consult with your doctor if unable to move the body or remarkable rise of the blood pressure is recognized.

Thrombosis: thrombosis is the disease of blood clots (thrombi) blocking the blood vessel. Immediate treatments at the medical center are warranted. Thrombosis includes deep vein thrombosis and pulmonary embolism (often called economy-class syndrome or long flight syndrome)

★ Consult with/ report your doctor in the following situations:

- Bleeding does not occur even after you finish taking white tablets at the bottom.
- Severe diarrhea or vomiting persists.
- You take other drugs or health foods.
- You undergo clinical laboratory tests.
- You wish to be pregnant.
- You have any other symptoms that concern you.

Consult with your doctor if you have concerns or any questions.

Bayer Yakuhin, Ltd.