

For medical institution use

Start Date of Treatment with  
TRIQUILAR Tablets 21/28

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PP-TRIQ-JP-0014-27-11

Inquiries on TRIQUILAR Tablets 21/28  
Bayer Yakuhin Ltd. Help desk

TRIQUILAR Tablets 21/28 Call Center :  
**0120-554-177** (Japanese only)

24 hours a day, 365 days

User card

Oral Contraceptive  
**To TRIQUILAR Tablets 21/28 users**

- **Thromboembolism (blood vessel occlusion by blood clot)** could happen when you take TRIQUILAR Tablets 21/28.
- **Keeping regular visits** to your doctor can help preventing thromboembolism at an early stage.
- If you notice the development of the following symptoms, **please go immediately to an emergency medical center.**

- Sudden pain in the leg/swelling
- Weakness/paralysis of hand and leg
- Sudden shortness of breath and squeezing chest pain
- Severe headache, difficulty with speech (or slurred speech)
- Sudden visual impairment (eg., poor vision or narrowed visual field)

**Please, show this card whenever you visit any physician.**

Oral Contraceptive  
**To TRIQUILAR Tablets 21/28 users**

- Thrombosis should be suspected when the following symptoms appear. Stop taking TRIQUILAR Tablets 21/28 and make an appointment **with a doctor immediately**, even if symptoms seem to be mild.

Pain, swelling, numbness, redness in the leg, headache, vomiting, nausea, hot flush, etc..

- When the following condition develops, stop taking TRIQUILAR Tablets 21/28 and make an appointment **with a doctor immediately**.

Difficulty in moving body, dehydration, etc.

Standing still for a long time or lower water intake contributes to thrombosis onset. Drinking water frequently and moderate workout is recommended

## To doctors or physicians

- This patient is taking TRIQUILAR Tablets 21/28 (estrogen and progesterone combination preparation).
- **Thrombosis\* (due to estrogen and progesterone combination treatment) should be suspected**, if a patient reports any of the symptoms described before (see the red square on this card)  
\*Leg venous thrombosis and pulmonary thromboembolism, mainly. Infrequently intracranial venous sinus thrombosis, cerebral infarction, mesenteric vessel thrombosis, retinal vascular thrombosis, myocardial infarction, etc.
- If abnormal symptoms are present, please contact the physician who had prescribed TRIQUILAR Tablets 21/28, whenever it is necessary.